

# BODY-N-BALANCE

3005 Old Alabama Road, Building E, Johns Creek, Georgia 30022

T 770.552.8852 F 770.552.8481

www.body-n-balance.com

## STUDIO QUESTIONNAIRE

**NAME:** \_\_\_\_\_ **BIRTHDATE:** \_\_\_\_\_  
LAST FIRST MIDDLE INITIAL

How did you hear about us? \_\_\_\_\_

What benefits would you like to receive? \_\_\_\_\_

List your current physical activities: \_\_\_\_\_

List any past or present injuries: \_\_\_\_\_

Have you received any treatment for the problem? (circle one) Yes No

If yes, what type of treatment? \_\_\_\_\_

List any prescription medication, over the counter medication, vitamins, or supplements that you are presently

Are you allergic to any medications? (circle one) Yes No

If yes, please list those medications: \_\_\_\_\_

List type and date of any previous surgery: \_\_\_\_\_

Do you have any metal implants or pins? (circle one) Yes No

Have you had any unexplained weight gain or weight loss in the past month: (circle one) Yes No

Do you smoke? Yes No If yes, \_\_\_\_\_ How many years? \_\_\_\_\_

Do you drink alcohol?(circle one) Yes No

How much caffeine do you consume a day (coffee, tea, softdrinks, etc)? \_\_\_\_\_

*Females Only:* Are you pregnant or is there any possibility that you might be pregnant? Yes No

Have you ever been diagnosed with?

Cancer Type: \_\_\_\_\_ Yes \_\_\_\_\_ No \_\_\_\_\_

Heart Problems:

High Blood Pressure Yes \_\_\_\_\_ No \_\_\_\_\_

Coronary Heart Disease Yes \_\_\_\_\_ No \_\_\_\_\_

Heart Attack Yes \_\_\_\_\_ No \_\_\_\_\_

Congestive Heart Failure Yes \_\_\_\_\_ No \_\_\_\_\_

Peripheral Vascular Disease Yes \_\_\_\_\_ No \_\_\_\_\_

Thrombophlebitis Yes \_\_\_\_\_ No \_\_\_\_\_

Pace Maker Yes \_\_\_\_\_ No \_\_\_\_\_

Respiratory Problems:

Asthma Yes \_\_\_\_\_ No \_\_\_\_\_

Emphysema Yes \_\_\_\_\_ No \_\_\_\_\_

Chronic Bronchitis Yes \_\_\_\_\_ No \_\_\_\_\_

Rheumatoid Yes \_\_\_\_\_ No \_\_\_\_\_

Other: \_\_\_\_\_ Yes \_\_\_\_\_ No \_\_\_\_\_

Osteoporosis Yes \_\_\_\_\_ No \_\_\_\_\_

Stroke Yes \_\_\_\_\_ No \_\_\_\_\_

Have you ever been diagnosed with?

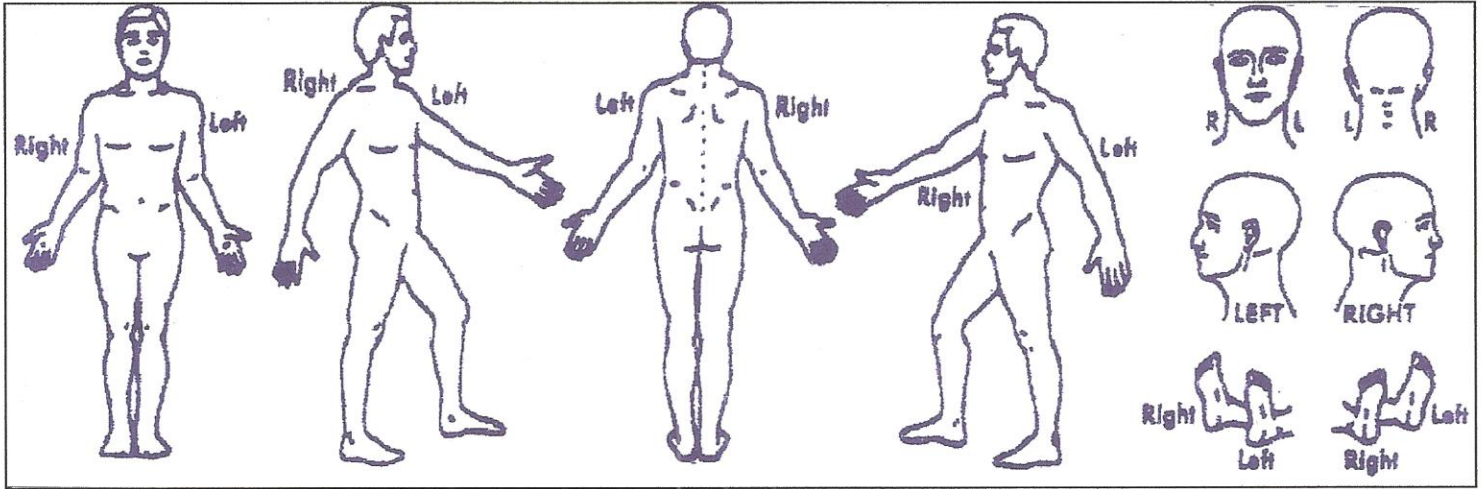
Diabetes	Yes	_____	No	_____
Anemia	Yes	_____	No	_____
Multiple Sclerosis	Yes	_____	No	_____
Kidney/Bladder Problems	Yes	_____	No	_____
Epilepsy	Yes	_____	No	_____
Chemical Dependency	Yes	_____	No	_____
Depression	Yes	_____	No	_____
Migraine Headaches	Yes	_____	No	_____

Other (please list): \_\_\_\_\_

**For Massage Therapy Clients Only:**

List areas of the body you would like worked on: \_\_\_\_\_

List areas of the body you do not want worked on: \_\_\_\_\_



**SHADE AREAS WHERE YOU EXPERIENCE TIGHTNESS**

**PLACE AN "X" MARK ON AREAS WHERE YOU EXPERIENCE PAIN**

**THE ABOVE INFORMATION IS ACCURATE TO THE BEST OF MY KNOWLEDGE AND I UNDERSTAND THAT IT WILL REMAIN CONFIDENTIAL.**

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date